

# MARTINHAL

Martinhal has partnerships with the following activity providers. For more details, please enquire at reception.



## SURF AND BODYBOARDING

Sagres and the Vicentina coast is famous for providing perfect Surf & Bodyboard conditions and has hosted several international competitions. All the equipment is available to hire & our instructors are happy to introduce you to this exhilarating sport. Our affiliated Surf school guarantees quality teaching with a special focus on safety.



## DIVING

Twice a week in the summer, we offer a "bubble maker" course in the pool of Club 98 for those that have never experienced the underwater world. We can also help you obtain the full "Open Water" certification (PADI) & for qualified divers, we can help you explore some of the best dive spots in continental Europe.



## BIRD WATCHING

Sagres offers an extremely diverse landscape and natural habitats which attract huge numbers of migratory birds. We can advise you on the best times and locations to discover the very best bird watching in Western Portugal.



## BLOKART

A Blokart is a 3-wheeled 'kart' with a sail and a pilot's seat – and that's about it! They're like sand yachts, but smaller and much more manoeuvrable. Since they're driven by wind, you need a bit of bluster to really enjoy yourself. Please note that there are a limited number of double Blokarts for couples.



## ROCK CLIMBING

The Natural Park of Costa Vicentina boasts the most untouched and scenic coastlines Europe has to offer. Hundreds of kilometres of breathtaking beaches and high sea cliffs make the region a perfect rock climbing destination.



## WALKING TOURS

How about a day in the Natural Park to awake your senses? Discover an unexplored wilderness of breathtaking beauty. We offer a variety of different walks for all levels of fitness.



## HORSE RIDING

Enjoy horseback riding at the "end of the world" in small private groups under friendly and professional supervision. Private or group lessons are available on request.



## FAMILY FISHING

A unique opportunity to fish in a typical Portuguese manner using hand lines. With a relaxed atmosphere on board and a friendly crew, our fishing is suitable for beginners, groups of fishermen and families.



## DOLPHIN WATCHING

Imagine yourself underwater watching the gracious passage of these most majestic of marine mammals. During this activity you will have the chance to snorkel near the water's surface and be a passive observer.



## BOAT TRIPS

Martinhal Beach Resort & Hotel offer a variety of daily cruise programmes to make your holiday truly unforgettable. Sail along the coast of Sagres and discover nature at her very best.



## BIKE RENTALS

A selection of TREK bikes are available; from mountain bikes, to children's bikes and can be rented from 4 hours to a day - even for the entire duration of your stay.



## BALLOON EXPERIENCE

With no ties, no destination & no time limitations Barlavento Balloons and Martinhal have the pleasure of introducing you to a unique view of the Western Algarve. Ride the winds of the Barrocal valleys or when the wind is in the right direction, experience the magic of Sagres & the Natural Park.



## GOLF

You can try 3 of the Western Algarve's premier courses with exceptional playing conditions. Private lessons are available on request. Don't miss the opportunity of experiencing some of the best courses in Portugal.



## DEEP SEA FISHING

Available for shark fishing (catch and release), wreck fishing and bottom fishing. Rods and bait are provided. For experts, you are welcome to bring your own fishing equipment. Drinks and a lunch pack are available. We welcome individuals and beginners.



## WINDSURF

Martinhal Beach is famous for providing perfect windsurfing conditions and has hosted several international competitions. All the equipment from beginners to advanced is available at the Water Sports Centre, and our instructors would be very happy to introduce you to the sport.